

- Clean up spills around pet bowls promptly to avoid slips
- Keep areas where a pet is likely to sleep, play, or eat well lit
- Use nightlights to improve visibility in dark areas to help you see your pets
- Pick up pet toys in high traffic areas

#### PET BEHAVIOR MANAGEMENT:

- Ensure pets are trained to minimize behaviors such as jumping or pulling on a leash
- Discourage pets from lying next to your bed at night or at the foot of chairs

#### PHYSICAL AWARENESS PRECAUTIONS:

- Always check your surroundings before getting up to see if your pet is nearby
- Be mindful of pets lying on the floor and avoid stepping over them

### ADDITIONAL SAFETY MEASURES:



Add a bell to your pet's collar to know when it is near

# TIPS TO REDUCE RISK OF FALLS

For More Information on How to Reduce Your Risk for Falls visit www.standingstrongnc.org







# PET SAFETY TIPS.



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